



**Extreme Ski and Bike**  
 235 N. Main Street  
 Thiensville, WI 53092  
 262 242-1142  
 FAX: 262 242-1442  
[www.extremeskiandbike.com](http://www.extremeskiandbike.com)



# Extreme Ski and Bike 2009 Racing Clinic Registration

Date of Registration \_\_\_\_\_

Rider's Name \_\_\_\_\_ Age \_\_\_\_\_ Birth Date: \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone # \_\_\_\_\_ Fax # \_\_\_\_\_ E-Mail \_\_\_\_\_

Racing Category : \_\_\_\_\_ Years Racing: \_\_\_\_\_

**What are two things that you would like to learn about or practice the most at this camp:**

1. \_\_\_\_\_  
 \_\_\_\_\_
2. \_\_\_\_\_  
 \_\_\_\_\_

## Lodging

Many of the riders will be staying at the Country Inn and Suites in Germantown. They have a pool, hot tub and a complimentary breakfast will be included the next day. Special rates have been secured for this clinic. Riders will have to reserve rooms via phone and credit card **on their own** by April 15<sup>th</sup>, 2009 to guarantee the discounted rate.

The contact information is:

### Country Inn & Suites By Carlson Germantown

W188 N11020 Maple Road , Germantown, WI 53022  
 Telephone: (262) 251-7700 Fax: (262) 251-7919

Rooms are \$80.50 and can be shared with one other rider if desired. If the room is shared, one of the riders must put the room in his/her name. Just so we can keep track, please tell us where you'll be staying.

- I will be securing lodging at the Country Inn and Suites in Germantown for Friday 5/15/09 for myself only.
- I will be securing lodging to share with another rider. Name of other rider: \_\_\_\_\_
- I will be rooming with another rider. They are contacting the hotel. Name of other rider: \_\_\_\_\_
- I will be staying elsewhere and meet the riders at 9:00 a.m. out in front of the hotel.

## **PAYMENT**

We need to receive your payment of **\$65.00** for the camp by Friday April 10<sup>th</sup>. Payment can be paid in person or sent via US Mail to Extreme Ski and Bike, 235 N. Main Street, Thiensville, WI.

**\*Include all registration forms with your payment – the above form, USA Cycling Waiver and short ESSAY for PowerTap contest!!**

## **Cancellation:**

If you have to cancel for any reason, your registration money will be refunded in full, up to within one week of the camp (5/8/09). After 5/8/09, we will not be able to refund money. Unfortunately, exceptions to this policy cannot be made for any reason, including weather or personal emergencies. If need be, it is possible to transfer your registration to another rider.

## **Things to Bring:**

Bicycle - clean, tuned and ready to ride  
2 spare tubes  
Helmet  
Jerseys (2 recommended)  
Shorts (2 recommended)  
Wind Vest  
Baselayer 1 or 2 lightweight  
Rain Jacket  
Arm Warmers  
Socks  
Cycling gloves short finger  
Cycling Shoes/pedals  
Eyewear/sunglasses  
Small tote or backpack for anything you wish to keep in support vehicles.  
Heart Rate Monitor and/or Power Meter (Power Tap or SRM or other)  
Sunscreen  
Toiletries for clean up between rides.  
Water bottles, energy drink and gels. (Some samples of these products will be available).

**If you have any questions about what to pack or what to look for when purchasing cycling clothing or supplies, please contact us at (262) 242-1142.**

**WE ARE EXCITED YOU ARE COMING!!!**